

HONORING THE EFFECT OF TRAUMA IN OUR LIVES

Releasing the Grip of Trauma Using Structures Work, Personal Stories and Group Work

"It is one thing to process memories of trauma, but it an entirely different matter to confront the inner void – the holes in the soul that result from not having been wanted, not having been seen, and not having been allowed to speak the truth. Structures fill in these holes" Bessel Van Der Kolk, M.D.

Class Format —

Pre-course On Line Class –Saturday April 20th 3-5

In Person One Day Class Saturday April 27th 10-6

Post course On Line Class Saturday May 4th 3-5

Cost — \$150.00

A workshop participant:

"Wendy, when I am with you, I feel that you understand and are able to hold a space that most people are unaware exists. This is powerfully magnetic and comforting."

Structures enable a person to go back safely into the traumatic memory with crucial support that was missing then, and it offers fresh options – an alternative memory – a different outcome in which your basic human needs are met and your longing for love and protection are fulfilled. This reconstructs inner implicit memories maps in the brain and helps people become viscerally acquainted with feelings that were lacking early in their lives.

Limited to 12 Participants so register early. To register or for more information contact Wendy Hubbard – whubbard0@gmail.com



Larry Goldstein is a group facilitator that utilizes psychodrama, playback theater, the therapeutic spiral method, theater direction and coaching in his group work. Larry has trained with Kate Hudgins, Jonathan Fox, the Coaches Training Institute and worked in day hospitals, private practice with individuals, couples, families and groups. He often leads retreats for non-profit boards and other work groups.

Wendy Hubbard is a Pathwork Helper. She has studied and practiced the Pathwork for 25 years. She teaches the Advanced Levels of Pathwork, leads groups and individual sessions. She is also certified in Hellinger Family Constellation Work and trained in Attachment and Trauma Work. This rich mix of modalities and trainings informs her work and enables her to bring hope and healing to her clients. Her website and business is www.beyondbroken.org.

